



Complete Wilderness Navigation Course Equipment List

1. Hiking Boots (Rubber Boots may be good on Day 3 depending on Weather)
2. Whistle
3. Water Bottle
4. Pencil & Notepad
5. Day Pack
6. Rain Gear
7. Seasonal Warm Clothing (Long pants recommended)
8. Toque & Gloves
9. Camping Gear: Tent, Sleeping Bag, Sleeping Pad, Mug, Stove, Pot, etc [Day 3, 4, & 5]
10. Bag Lunch [Day 2, 3, 4, & 5]
11. Camp Breakfast [Day 4 & 5]
12. Camp Supper [Day 3 & 4]

Optional Items

- Personal 1st Aid Kit
- Fire Lighting Gear
- Survival Knife
- Bear Spray
- GMRS Radio or Cell Phone